

10 Decluttering Reminders...

Practical, easy ways to clear your home without overwhelm.

1. Start with the space that's bothering you most, not the one you think you should do first. Relief creates momentum.
2. Clear surfaces before cupboards. A clear worktop or table instantly changes how a room feels.
3. If everything feels important, nothing is. Reducing volume is often the real solution, not more storage.
4. Stop decluttering by category across the whole house. Focus on one space at a time so it actually finishes.
5. If you're keeping something 'just in case', decide where it would live if you really needed it. No space usually means no need.
6. Don't store things where you use them least. Daily items deserve the easiest access.
7. Your home doesn't need to hold every version of you. It only needs to support who you are now.
8. If tidying never lasts, it's not you. It's the system. Systems should work even on tired days.
9. Sentimental items are emotional, not practical. They need time and kindness, not quick decisions. They also need to be stored away from everyday spaces.
10. You don't need a whole free weekend. Small, calm progress done properly beats rushed sorting every time.

Need support with this in your own home?

I work with busy women across Hertfordshire and beyond to create calm, organised homes with systems that last.

You're welcome to get in touch for a free, no pressure conversation about what might help.



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